



MINISTRY OF YOUTH AND SPORTS



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PETRONAS le tour de Langkawi Malaysia 2023



Race Manual



23-30 SEPT
2023

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Acknowledgement

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Message From Minister of Youth and Sports



Selamat datang! Welcome to Malaysia.

ON behalf of the Ministry of Youth and Sports, I am delighted to welcome all the athletes and officials of the 2023 Tour de Langkawi to our country. Since 1996, the Tour has been an integral part of our national sporting calendar, and this year marks the 27th edition of its organisation.

Over the years, the race has been a significant road race in the South-East Asian region, and we are honoured that the Tour continues to be recognised by the International Cycling Union (UCI) as one of only five ProSeries stage races in Asia for the 2023-2025 cycle.

The relationship between Malaysians and the Tour de Langkawi go back to its very first edition, and the race is eagerly awaited throughout the country. The Tour continues to provide world class sporting action right on the doorstep of our citizens, and has an impact beyond mere sporting results, through multiple economic outcomes for the towns and cities that it visits.

This year, the Tour de Langkawi will traverse 11 of Peninsular Malaysia's 12 states and allow participants to experience the rich diversity of our landscapes, from the East Coast seaside to the mountains of the Titiwangsa range, and through our major West Coast cities, over eight days of what I expect to be intense competition.

The Tour de Langkawi is also an ongoing source of inspiration for many of our aspiring young cyclists, so I hope that it will put up a good show and help nurture the growth of cycling as a sport and recreational activity of choice in Malaysia.

I take this opportunity to thank and congratulate the National Sports Council of Malaysia as the organisers of the Tour in 2023, and all of the hardworking staff, contractors and volunteers who make the Tour de Langkawi such a memorable and significant sporting event. I also extend my gratitude and appreciation to all the sponsors of the Tour, and I hope you enjoy the race.

May the best rider win!
Thank you.



HANNAH YEOH
Minister of Youth and Sports



Message From UCI President

EVERY year, the Tour de Langkawi treats us to a hugely exciting spectacle on Malaysian roads as some of the world's best cyclists battle it out over eight days of top racing action.

This exceptional race on the UCI ProSeries calendar has been a major fixture of Asian road racing since its advent in 1996. The list of previous winners illustrates the truly international flavour of the event. Alongside the UCI WorldTeams and UCI ProTeams, a competitive cohort of UCI Continental Teams from Asia are always keen to animate the racing in one of the region's most important races. The change of schedule of the Tour de Langkawi last year to give it pride of place in the late cycling season has been repeated, and there will again be fierce competition for UCI points in Malaysia.

I would like to express my thanks to the organisers who have consistently produced a wonderful event and last year bounced back from the effects of the Covid-19 cancellation in 2021. The Tour de Langkawi is back in all its splendour, which is a testament to the organising team's hard work, expertise and dedication.

As is the case every year, much credit goes to the Malaysian National Cycling Federation and its President Mr Datuk Haji Abu Samah Abd Wahab as well as the Asian Cycling Confederation and its President Mr Osama Ahmed Abdullah Al Shafar for all their support of the Tour de Langkawi and indeed the sport of cycling in the widest sense. Furthermore, a huge sporting endeavour such as this would not be possible without the valuable support of the sponsors and partners as well as the dedication behind the scenes of all the officials and volunteers.

It only remains for me to wish everyone involved in the 2023 Tour de Langkawi the very best of luck. I am sure we are in for another festival of top-class cycle racing!



DAVID LAPPARTIENT
UCI President



Message From **Malaysian National Cycling Federation President**



ON BEHALF of the Malaysian National Cycling Federation (MNCF), I would like to welcome all riders and officials to the 28th edition of the Tour de Langkawi.

The MNCF is proud to once again host some of the best teams in professional road cycling at South-East Asia's only UCI ProSeries race and the pinnacle event of the Malaysian national cycling calendar.

We are grateful in the confidence of the UCI for LTDL to remain as a ProSeries event as one of the most well-run and safe races in Asia, and the MNCF is committed to maintain its close cooperation with the Ministry of Youth and Sports to ensure the continuity of LTDL's legacy.

This year's race begins in Malaysia's 'Land of Cyclists' in Terengganu, before visiting the majestic Titiwangsa range that connects the East and West coasts of the country, the iconic Genting Highlands climb and heading south to the historical city of Malacca. LTDL 2023 will conclude in the shadows of the world-famous twin towers at the Kuala Lumpur City Center, all of which makes for a very interesting and open race indeed.

As far as the 2023 route is concerned, the MNCF is happy to note that stages of the Tour will be hosted by nearly all the states in Peninsular Malaysia, providing a worthy challenge for the competition field, comprising 22 teams from the ranks of UCI WorldTeams, UCI ProTeams, UCI Continental Teams, and the Malaysian national team.

Lastly, I pray for the safety of all our participants, officials and volunteers during the event, and hope that everyone will also enjoy the best of Malaysian hospitality during the Tour de Langkawi. The MNCF extends our congratulations to the National Sports Council of Malaysia as the organisers of this edition, and we look forward to a smooth and exciting race.

Good luck to all!



**DATUK HAJI ABU SAMAH
BIN HAJI ABDUL WAHAB**
President
Malaysian National Cycling
Federation



Race Route



- Stage 01** Saturday | 23 Sept 2023
Kerteh - Kuala Terengganu | 187.4 km
- Stage 02** Sunday | 24 Sept 2023
Kuala Terengganu - Kota Bharu | 186.2 km
- Stage 03** Monday | 25 Sept 2023
Jeli - Baling | 183.1 km
- Stage 04** Tuesday | 26 Sept 2023
Bukit Mertajam - Meru Raya | 140.2 km
- Stage 05** Wednesday | 27 Sept 2023
Slim River - Genting Highlands | 126.4 km
- Stage 06** Thursday | 28 Sept 2023
Karak - Melaka | 174.5 km
- Stage 07** Friday | 29 Sept 2023
Muar - Seremban 2 | 123.8 km
- Stage 08** Saturday | 30 Sept 2023
Setia Alam - Kuala Lumpur | 156.5 km

Total Race Distance: 1278.1 km

Legend

- Start
- Finish
- Start/Finish
- Team Presentation
- Race Route

Race Route Summary


Stage	Route	Distance	Date	Hotel
1	Kerteh - Kuala Terengganu	187.4 km	Sat 23 Sept 2023	Kuala Terengganu

Mesra Mall, Kemasik - Jalan Kemaman - Dungun - Kerteh - Kampung Labohan - Paka - Dungun - Jalan Bukit Besi - Dungun - Jalan Kampung Panchur (Kampung Wa) - Jalan Jabor - Al Muktafi Billah Shah - Jerangau - Kampung Landas - Jalan Felda Jerangau Barat - Kampung Peneh - Sekayu - Kampung Bukit Gemuroh - Ajil - Kampung Wakaf Tapai - Bukit Payong - Padang Midin - Jalan Tengku Mizan - Jalan Tengku Ampuan Bariah - Jalan Teluk Ketapang - Kampung Baru Seberang Takir - Drawbridge Kuala Terengganu - Dataran Shahbandar, Kuala Terengganu.


Neutral Zone : 7.4 km

 Sprint 1 : Dungun | km 36.2

 KOM 1 : Jerangau | km 95.9 | 75m | Cat 4

 KOM 2 : Sekayu | km 113.3 | 139m | Cat 4


 Sprint 2 : Ajil | km 142.0


 Sprint 3 : Tok Jamal | km 165.9

Stage	Route	Distance	Date	Hotel
2	Kuala Terengganu - Kota Bharu	186.2 km	Sun 24 Sept 2023	Kota Bharu

Drawbridge, Kuala Terengganu - Jalan Kota Bharu-Kuala Terengganu - Chabang Tiga - Jambatan Manir - Kuala Terengganu By Pass - Jeram - Jalan Kota Bharu - Kuala Terengganu - Bukit Jong - Kampung Lingai - Kg Bukit Nenas - Kg Teris - Jln Kg Padang Setebu - Kg Sungai Bari - Kg Langkap - Kg Lerek - Kg Rahmat - Setiu - Jabi - Jerteh - Pasir Puteh - Selingsing - Telipot - AEON Mall, Kota Bharu.

Neutral Zone : 6.1km

 Sprint 1 : Bukit Nenas | km 34.6

 KOM 1 : Setiu | km 49.3 | 88m | Cat 4

 KOM 2 : Pelong | km 56.8 | 97 m | Cat 4

 Sprint 2 : Bandar Permaisuri | km 87.4

 Sprint 3 : Peringat | km 173.2



Race Route Summary

Stage	Route	Distance	Date	Hotel
3	Jeli - Baling	183.1 km	Mon 25 Sept 2023	Butterworth

Universiti Malaysia Kelantan, Kampus Jeli - Timur Barat Highway - Kg Bukit Pak Mud - Kg Sg Mekong - Kg Salor - R&R Titiwangsa - Tasik Banding Bridge - Hentian Sungai Lebey - Kampung Bendang Riang - Gerik - Jalan Baling-Gerik - Kampung Tiak - Jalan Kulim-Baling - Kupang - Kampung Sera - Jalan Mahmud - Jalan Syed Sheh, Baling.

Neutral Zone : 8.3km



Sprint 1 : Jeli | km 9.9



KOM 1 : Jeli | km 31.7 | 774m | Cat 2



KOM 2 : Puncak Titiwangsa | km 47.7 | 1066m | Cat 1



Sprint 2 : Tasik Temenggor | km 79.2



KOM 3 : Sri Banding | km 87.7 | 633m | Cat 2



KOM 4 : Sungai Rui | km 145.7 | 455m | Cat 3

Stage	Route	Distance	Date	Hotel
4	Bukit Mertajam - Meru Raya	140.2 km	Tue 26 Sept 2023	Ipoh

Kompleks Sukan MBSP, Bukit Mertajam - Simpang Ampat - Sungai Bakap - Jawi - Nibong Tebal - Parit Buntar - Simpang Ampat Semanggol - Selinsing - Taiping - Changkat Jering - Bukit Gantang - Kuala Kangsar - Sungai Siput - Chemor - Jalan Jelapang - Jalan Chemor - Meru Raya, Ipoh.

Neutral Zone : 8.2km



Sprint 1 : Bagan Serai | km 38.1



KOM 1 : Kuala Kangsar | km 82.6 | 160m | Cat 3



Sprint 2 : Talang | km 94.3








Sprint 3 : Sungai Siput | km 118.0

Race Route Summary

Stage	Route	Distance	Date	Hotel
5	Slim River - Genting Highlands	126.4 km	Wed 27 Sept 2023	Genting Highlands

Jalan Dato' Mohd Khusairi, Slim River - Behrang Stesen - Kampung Keliang - Kerling - Rasa - Kuala Kubu Baharu - Batang Kali - Serendah - Rawang By Pass - Jalan Batu Caves - Jalan Gombak - Genting Sempah (opposite carriage way) - Gohtong Jaya - Genting Highlands.






Neutral Zone : 7.7km

 Sprint 1	: Tanjung Malim km 13.1
 KOM 1	: Rawang Bypass km 63.7 188m Cat 4
 Sprint 2	: Gombak km 85.1
 KOM 2	: Bentong km 107.5 628m Cat 1
 KOM 3	: Genting Highlands km 126.4 1625m HC

Stage	Route	Distance	Date	Hotel
6	Karak - Melaka	174.5 km	Thu 28 Sept 2023	Melaka

Kampung Baru Karak - Kampung Seri Telemong - Manchis - Simpang Pelangai - Simpang Durian - Kampung Serting Ulu - Batu Kikir - Juasseh - Kuala Pilah - Senaling - Inas - Johol - Air Mawang - Jalan Tampin-Gemas - Keru - Menggong - Machap - Durian Tunggal - Batu Berendam - Dataran Pahlawan, Melaka.

Neutral Zone : 7.8km

 KOM 1	: Gapoi km 20.0 176m Cat 4
 Sprint 1	: Pelangai km 34.4
 Sprint 2	: Batu Kikir km 81.8
 Sprint 3	: Kuala Pilah km 96.4
 KOM 2	: Luak Inas km 104.6 312m Cat 3





2023 Race Route Summary


Stage	Route	Distance	Date	Hotel
7	Muar - Seremban 2	123.8 km	Fri 29 Sept 2023	Shah Alam

Tanjung Emas, Muar - Parit Bunga - Kesang - Sg Rambai - Merlimau - Kg Serkam Timur - Kg Pulau - Umbai - Kg Pernu - Alai - Malim - Cheng - Sg Udang - Masjid Tanah - Alor Gajah - Ramuan China Kecil - Linggi - Rantau - Mambau - Seremban 2.

Neutral Zone : 6.0 km

 Sprint 1 : Umbai | km 28.6


 Sprint 2 : Cheng | km 47.8

 Sprint 3 : Linggi | km 91.0


Stage	Route	Distance	Date	Hotel
8	Setia Alam - Kuala Lumpur	156.5 km	Sat 30 Sept 2023	Shah Alam

Setia Alam Convention Centre - Persiaran Mokhtar Dahari - Puncak Alam - Jalan Bukit Cerakah - Meru - Kapar - Jeram - Sungai Buloh - Assam Jawa - Kuala Selangor - Jalan Bukit Belimbing - Jalan Raja Musa - Jalan Rawang - Jalan Bukit Badong - Bestari Jaya - Kampung Sungai Pelong - Paya Jaras - Jalan Kuala Selangor - Jalan Lingkaran Tengah 2 - Jalan Ampang - PETRONAS Twin Towers, Kuala Lumpur.


Neutral Zone : 7.1km

 KOM 1 : Puncak Alam | km 15.4 | 62m | Cat 4

 KOM 2 : Meru | km 19.4 | 51m | Cat 4

 Sprint 1 : Kapar | km 32.2

 Sprint 2 : Sungai Buloh, Kuala Selangor | km 49.4

 Sprint 3 : Paya Jaras | km 119.4

Pre-Race Information

EVENT OFFICE

PETRONAS Le Tour de Langkawi 2023

Permanent Headquarters

National Sports Council of Malaysia
National Sports Complex Bukit Jalil,
57000 Kuala Lumpur, Malaysia.
Tel. : +6010 284 2655 | Fax : +603 8992 9012
Email : ltdl@nsc.gov.my
Web : www.letourdelangkawi.my

Race Headquarters Hotel

Permai Hotel Kuala Terengganu,
Jalan Sultan Mahmud,
20100 Kuala Terengganu, Terengganu
Tel : +609 622 2122 | Fax : +09 622 2121

All meetings listed herein will take place at the Race Headquarters Hotel unless otherwise indicated.

Secretariat Centre

VIP Holding Room, Level 1
Permai Hotel Kuala Terengganu
Person In-charge: Ms. Dilla Majid
H/P No. : +6016 396 0533
Thursday 21 – 23 September 2023
Hours of Operation: 0900 hrs – 2000 hrs

Media Centre

Primula Beach Resort
Jalan Persinggahan,
20400 Kuala Terengganu, Terengganu
Person In-charge: Ms. Zailatulfarita Yusof
H/P No : +6019 300 7882
Friday 22 – 23 September 2023
Hours of Operation : 0900 hrs – 2000 hrs

Clinic

Gymnasium, Level 1
Permai Hotel Kuala Terengganu
Person In-charge : Mej (Dr) Izar Shahizad bin Shah Zarin
H/P No : +6013 355 1291
Thursday 21 – 23 September 2023
Hours of Operation: 0900 hrs – 2000 hrs

Commissaires' Room

Premier Lounge, Level 5
Permai Hotel Kuala Terengganu

Bicycle Storage and Service area

Basement
Permai Hotel Kuala Terengganu
Person In-Charge : Mr. Zainudin Abd. Hamid
H/P No : +6017 204 3826

THURSDAY, 21st SEPTEMBER 2023

Race Traffic & Convoy Movement Briefing 2000hrs – 2100hrs

Venue : Kenanga 1, Level 1

Permai Hotel Kuala Terengganu

To attend : Event Director, COO, Race Director, Technical Director, All Commissaire Panel, Regulators, Police Command and Security, All Medical personnel, All Fire & Rescue personnel, All Technical Drivers and Technical Moto Pilots, All Neutral Service Staff, HODs: Transport Logistics, Radio Comms, Media.



Pre-Race Information

Team Presentation Rehearsal

1730hrs onwards

Venue : Taman Panoramik, Kuala Terengganu

To attend : Event Director, COO, Technical Coordinator, Team Liaison, Protocol, Media, Sponsorship, TV Production, PA System & LED, Emcee, Operations, HOD Transport Logistics.

FRIDAY, 22nd SEPTEMBER 2023

Direction Meeting

0915hrs

Venue : Kenanga 1, Level 1

Permai Hotel Kuala Terengganu

To attend : Chairman of Organising Committee, Deputy Chairman of Organising Committee, Event Director, COO, Race Director, Technical Director, International Commissaires.

Race Officials Meeting

1015hrs - 1115hrs

Venue : Kenanga 1, Level 1

Permai Hotel Kuala Terengganu

To attend : Event Director, COO, Race Director, Technical Director, All Commissaire Panel, Doping Control Officer, Radio Tour Announcer, Race Doctor, Regulators, Moto Info, Results & Photofinish Manager, All Neutral Service Staff, and All Anti-Doping Staff.

TV & Press Moto Pilots/Media Briefing

1130hrs - 1215hrs

Venue : Kenanga 1, Level 1

Permai Hotel Kuala Terengganu

To attend : Event Director, COO, Race Director, Technical Director, Commissaire President, All Media personnel, All Journalists, All TV and Press Moto Pilots, Moto Commissaires, Regulators, TV Producer, TV Director, All Moto Cameramen, Chief Photographer and HOD Radio Comms.

Team Registration/Licence and Jersey Control

1500hrs - 1645hrs

Venue : Kenanga 1, Level 1

Permai Hotel Kuala Terengganu

Team registration and distribution of rider numbers and race information.

(Managers are reminded to bring along valid 2023 licenses and the team jersey)

Team Managers Meeting

1700hrs

Venue : Kenanga 1, Level 1

Permai Hotel Kuala Terengganu

To attend : Event Director, COO, Race Director, Technical Director, All Commissaire Panel, All Team Managers, Doping Control Officer, Race Doctor, Team Liaison and All Neutral Service Staff.

Team Presentation

2015hrs

Venue : Taman Panoramik, Kuala Terengganu

To attend : Direction, All Media, All Teams, All HODs.

(Riders are reminded to attend in their team's racing attire and sport shoes (without helmet), together with bicycles)

SATURDAY, 23rd SEPTEMBER 2023

Race Control Meeting [End of Stage 1 Review]

2030hrs

Venue : Kenanga 1, Level 1

Permai Hotel Kuala Terengganu

To attend : Event Director, COO, Race Director, Technical Director, All Commissaire Panel, Police Command & Security, Race Doctor, Doping Control Officer, All HODs.